GARDEN BAY SAILING CLUB

Malaspina Regatta 2016

This year's Malaspina Regatta has to be considered the most successful in the 27 years that it has been running. We had a total of 29 boats take part and 129 people to the BBQ afterwards.

Here are some of the previous years:

2015	22 boats competed		107 at BBQ	
2014	21	"	97	"
2013	25	"	107	"
2012	19	"	101	"
2011	21	"	120	"
2010	20	"	97	"

The weather could not have been better, and except for a couple of torn sails, it is safe to say that a good time was had by all. For all the results please see the website, and for photos see pages 2 and 3.

A big thank you to the following:

John and Sandra Hansen, Committee Boat. Verne Lillies, Sarah and John King for assisting on the Committee Boat.

Barb McAllister, Diane Hoens, Darlene Keerfoot, Jude LeMoine and Louise Twentyman for providing a great BBQ.

John Mattison, Dave Hoens, Dale Kerfoot, Charlie Park and Paul Kappeli for arranging, setting up and dismantling the tents.

Charlie Park, John Mattison, Dale Kerfoot and Claus Sjogren for doing the majority of the barbequing.

Next Pub Meeting

The next meeting will be held at the Garden Bay Pub after the race on August 20. If there is no race we will gather there around noon.

Race Cruise - Nanaimo August 13 - 14

The next Race/Cruise is on the weekend of August 13-14. This is the first time that we have gone to Newcastle, so it should be fun. Please contact Andy Paulus at Paulus1@dccnet.com if you intend on going.

GBSC Website

Many of you have mentioned that there seemed to be a problem on the website as there was a notice at the top saying "Oops! This site has expired. If you are the site owner, please renew your premium subscription or contact support."

John Barker has spoken to them and gives this explanation: "it is the renewal of the web hosting company that requires a renewal. It is the cost of using their subscription service to host the gardenbaysailingclub.com website. The domain is good until 2020 but the web services (webs.com) needs to be renewed".

This has been done and the site is once again operational.

Pender Harbour Days July 9 - 10

This weekend provided the club with the opportunity to have two races. Conditions could not have been better on both days.

From the GBSC, Nick Loenen and Zoro Szabados both participated in the dockside displaying of Lady Jane and Lark.

Summer Series July Results

This month we had extra races added on two Sundays, which gave us a total of six. There was an experiment on July 9 when we did a Bermuda Triangle course which proved very popular. This, however, was due to a good and consistent SE wind which allowed us to set a mark close to Whiskey Slough and at the mouth of Oyster Bay.

Our Fixed Mark (off Madeira) has disappeared, it must have been snagged by a passing boat.

The lead boats for this month are:

Pretender (Claus Sjogren)	77.7 points
Peregrine (David Twentyman)	70.4 points
About Time (Munson McKinney)	57.8 "
Linnea (Anders Rahmberg)	46.1 "
Nexus (John Mattison)	42.1 "

The leaders in the April to July series are:

Pretender (Claus Sjogren)	227.4	points
Peregrine (David Twentyman)	171.4	"
La Belle Rêve (Tom Spooner)	139.2	"
Frendy (Charlie Park)	107.9	"
Nexus (John Mattison)	81.9	"k

GBSC Membership

I would like to welcome a few new members to the Club: Stuart and Penny Harrison (*Free Spirit*) Hunter 37.6; Thomas Monnier (*Sinbad*) Southern Cross 28; Paul and Lory Reynolds (*Gray Buoy*) O'Day 17; and our youngest member Sebastian Lundgren, who the Club sponsored on a sailing course at Deep Cove Yacht Club this year. Needless to say he passed with flying colours.

This brings the membership to 50. We would like to welcome you all to the GBSC, and hope to see you on the water soon.

Rule 13 While Tacking

It is always worth re-reading the rules, and this one requires reinforcing. "After tacking a boat passes head to wind, she shall *keep clear* of other boats until on a close hauled course. During this time rules 10 (On opposite tacks), 11 (On the same tack overlapped), and 12 (On the same tack and not overlapped) do not apply. If two boats are subject to this rule at the same time, the one on the other's port side or the one astern shall keep clear".

Therefore, after you pass head to wind and before you're on a close-hauled course, if another boat hits you or has to change her course to avoid you, you have not kept clear and have broken Rule 13.

I bring this up because in a recent race a port-tack boat tacked on the bow of a

starboard-tack (right-of-way) boat, instead of bearing away and passing astern. This resulted in the two boats coming very close to each other and the starboard-tack boat had to head up to avoid contact, and then had to tack away.

Penalty: Disqualification!

If this is done correctly it is called a "Leebow" but the trick is the timing. The port tack boat should be passing clear ahead of the starboard tack boat, so that when she finishes her tack she is bow-forward to leeward. You will struggle to execute a leebow if you are aft of bow-to-bow in the cross, and will be subject to disqualification.

I should like to emphasize that our races are meant to be FUN, they are not the America's Cup.

North Sails Presentation

On January 16, Drew Mitchell visited Pender Harbour and gave a very interesting presentation to the GBSC on Light Air Sail Trim.

Here are his notes on what was covered.

"In Light Air the Mainsail Sail controls should be:

1. Cunningham off.
2. Out haul snug.
3. Boomvang off.
4. Halyard eased - horizontal wrinkles. So that the draft is at 40-45%.

Now if you want to add twist to the sail. How do you do this?

The two questions are who has a traveler and who uses a traveler?

When sailing upwind Pull traveler to windward, and then ease mainsheet to centre line. This induces twist and helps the air flow across the sail. The top tell tale on the mainsail you want to have flying 50% of the time.

As the wind builds the top tell tale starts flying more than 50%. At this point you are going to want to power up. So you drop traveler and pull on the mainsail sheet. Keeping the boom at centre-line of the boat

The key is to keep the tell tales flying!

Headsail trim upwind:

The big question is where to put the lead?

Break sail. Bottom back

In simple terms in light airs move the lead car forward, and in heavy air move it back.

But you still want twist on the sail to help induce air flow.

With the car forward you need to induce twist with sheet tension.

As the wind builds you need to start to sheet on harder, and if over powered move the car aft.

Halyard tension. In light airs you want soft horizontal wrinkles. Draft at roughly 30 -35 %

Tacking in light airs:

Make sure you do not over sheet as you will stall out.

Come out of the tack lower than you normally would to help keep the boat moving.

Keeping the boat moving is very important.

1. Small tiller/wheel movements.
2. Weight on low side i.e. the same sides as the sail.
3. Light feet when walking around.
4. Keep your head out of the boat to look for building wind or where the next wind is coming from.

Flying a Spinnaker in Light airs:

With a Symmetrical spinnaker have the pole forward.

With an Asymmetrical - make only slight sheet adjustments.

Small Movements on the boat.

Sail higher angles than you normally would. Keep the boat moving.

Have someone hold out the boom.

Ease sail controls on Mainsail, to make it as full as possible".

P.S. Although these were the main points of Drew's presentation. He did also cover the following areas:

Don't forget to adjust the back stay tension from slack to taught as the wind builds, this helps flatten the headsail by reducing the sag in the forestay as well as inducing mast bend which in turn helps flatten the mainsail. Don't forget the outhaul and Cunningham will probably need attention!

Good Luck and Fair Winds
David Ll.Twentyman

MALASPINA REGATTA WINNERS

First Overall "About Time" Munson McKinney
also Winner of Division "B"

Second Overall "Wings II" Andy Paulus
also Winner Division "A"

Third Overall "Moonspinner" Glen Broadfoot

First Across The Line "Elua Makani" Sean McAllister
& Winner of Division "AA"

Winner of Division "C" Yippee- Kai-Yae
Diana Valiela

Winner of the Race Committee Award
Louise Twentyman

MALASPINA REGATTA 2016

The Committee Boat Team
Verne Lillies. Sarah, John King and Sandra Hansen

A Good Start

Rounding the First Mark at Hospital Reef

Rounding the Second Mark at Ackland Rock

The BBQ at John Henry's

Sunday Race was blustery!
Contender, Pretender, and About Time